DATE: November 29, 2021

FROM: Matthew Moritz, AED Program Manager

**TO:** AED Coordinators

**SUBJECT: CPR/AED Training Options**

This document lists some training options for obtaining CPR/AED training. University Safety Policy SY22 and the AED program require that CPR/AED training meet the American Heart Association (AHA) or American Red Cross (ARC) guidelines and are taught by certified instructors. Courses at a minimum must include Adult CPR/AED and the attendee must receive a certificate of completion and/or certification card. Training options detailed below have been established to enhance access to CPR/AED training. Campuses/work units/departments are responsible for documenting training and tracking the need for recertifications.

**Training Options Include (*but are not limited to*)**:

**University Park:**

1. Utilize an in-house employee to provide training.
   1. Employee must be a certified CPR/AED Training Instructor through AHA or ARC.
2. Utilize an in-house department or Student Service Organization to provide CPR/AED training.
   1. In-house departments include:
      1. Campus Rec. (Aquatics) <https://studentaffairs.psu.edu/campusrec/programs/aquatics/safety-education>
   2. In-house Student Service Organizations include:
      1. Penn State Emergency Medical Service Association (EMSA) <https://pennstateemsa.wixsite.com/psuemsa/classes>
3. Utilize a local American Heart Association (AHA) or American Red Cross (ARC) certified CPR/AED instructor (contractor/local rep.).
   1. Training Center locations can be found at:
      1. American Heart Association (AHA) <https://ahainstructornetwork.americanheart.org/AHAECC/classConnector.jsp?pid=ahaecc.classconnector.home>
      2. American Red Cross (ARC) <https://www.redcross.org/take-a-class/cpr>
4. Utilize a local third-party company that provides CPR/AED training**\***.
   1. Local third-party companies:
      1. Central Pennsylvania Institute of Science and Technology**\*\***. [www.cpi.edu](http://www.cpi.edu)
         1. POC for class scheduling: Mark R Keller, [mkeller@cpi.edu](mailto:mkeller@cpi.edu)
      2. Centre Life link. <https://www.centrelifelink.com/training/cpr-acls>
   2. State-wide companies:
      1. Cintas Corporation (Statewide contact Bryan Roche at 570-241-5546 or www.[rocheb2@cintas.com](mailto:rocheb2@cintas.com)
      2. Shady Oak Farm Community Education Center (Statewide 717-250-8481, [ShadyOakFarmCEC@gmail.com](mailto:ShadyOakFarmCEC@gmail.com))

**Commonwealth Campuses:**

1. Utilize an in-house department or employee who is a certified AHA or ARC CPR/AED instructor to provide CPR/AED training and issue certification cards.
2. Utilize a local American Heart Association (AHA) or American Red Cross (ARC) certified CPR/AED instructor (contractor/local rep.)
   1. Training Center locations can be found at:
      1. American Heart Association (AHA) - <https://ahainstructornetwork.americanheart.org/AHAECC/classConnector.jsp?pid=ahaecc.classconnector.home>
      2. American Red Cross (ARC) - <https://www.redcross.org/take-a-class/cpr>
3. Utilize a local third-party company that provides CPR/AED training\*.
   1. Statewide companies are:
      1. Cintas Corporation (Statewide contact Bryan Roche at 570-241-5546 or [rocheb2@cintas.com](mailto:rocheb@cintas.com))
      2. Shady Oak Farm Community Education Center (Statewide 717-250-8481, [ShadyOakFarmCEC@gmail.com](mailto:ShadyOakFarmCEC@gmail.com))
4. Reach out to local Emergency Medical Services (E.M.S.) agencies/providers.

**Reference:** Policy SY22 Automated External Defibrillators (AED), <http://guru.psu.edu/policies/SY22.html>

**(Note: \*)**

*There are companies that advertise or claim to provide total “On-Line” CPR/AED certification. Currently,* ***there are NO 100% “On-line” CPR certification courses that meet the standards of the American Heart Association or the International Liaison Committee on Resuscitation.*** *The AHA and ARC have started to offer a hybrid course structure that allows a student to complete an online portion of the course. After completion of the online course, there MUST be an “in-person” hands on skills portion to the class.*

**(Note: \*\*)**

*CPI’s CPR training is accredited through the Emergency Care and Safety Institute (ECSI). ECSI follows the American Heart Association Guidelines for CPR/AED. CPR certification from ECSI is acceptable in meeting the requirements of Penn State University’s AED Program. For more information, please visit ECSI’s website at* <https://www.ecsinstitute.org/about-ecsi/regulatory>

**Additional Comments:**

*The above options are not all inclusive of what is available as far as companies or entities that provide CPR training. Please be aware that fraud and scams do occur regarding CPR training. Things to be aware of include:*

1. *Aggressive marketing or options that seem “To-good-to-be-true”. Example: “On-line” only courses or “half-day/time” sessions.*
2. *Incentives to sign a contract or make a down payment. Most CPR cost rates are fixed. There may be times when they are negotiable, however avoid being pressured to “Pay now to lock in your cost rate”.*
3. *Be aware of online “fillable” certification cards, or cards that are not received at the conclusion of the course day. There are* ***NO*** *online “instant” CPR cards. These websites are fraudulent and are designed to get your personal information. Instructors issue cards, students should not be told their cards will be mailed to them or that students will have to log onto a website and enter personal information to receive their certification cards.*
4. *Be aware of companies that claim that they follow CPR guidelines that are accredited from OSHA, ANSI and/or other government organizations. OSHA and ANSI* ***DO NOT*** *set CPR standards. They only require certain employees to be trained to meet CPR standards set by the American Heart Association (AHA) and/or the International Liaison Committee on Resuscitation (ILCOR).*
5. *Be aware of companies that use a “Play-on-words” approach to their marketing but have no affiliations to the parent group or organizations that have rights to the wording of phrases. Example, the American Heart Association’s (AHA) CPR training course is called “Heart Saver”. There is a company called the “American Heart Saver Institute” and they provide CPR training but have no affiliation with the AHA nor do they claim to follow AHA guidelines.*

*For more information on potential scams or fraud, please look at this link.* <http://www.heart.org/HEARTORG/General/Fraud-Warning_UCM_451200_Article.jsp>

*If you have any questions or concerns, please reach out to your EHS representative or the AED program Manager.*

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