DATE: December 16, 2019

FROM: Stacy Givens, AED Program Manager

**TO:** AED Coordinators

**SUBJECT: CPR/AED Training Options**

This document lists some training options for obtaining CPR/AED training. University Safety Policy SY22 allows CPR/AED training through the American Heart Association (AHA) or American Red Cross (ARC), as taught by certified instructors. Courses at a minimum must include Adult CPR/AED and the attendee must receive a certificate of completion. Training options detailed below have been established to enhance access to CPR/AED training. The responsibility of record keeping and re-certifications is the responsibility of the campus/work unit/department.

EHS will provide a reimbursement to campus/work unit/department for re-certification training as detailed in the document titled *“CPR/AED Training Reimbursement FY 19/20”* found on this page: <https://ehs.psu.edu/automated-external-defibrillator-aed/resources>

**Options include (*but aren’t limited to*)**:

1. Utilize an in-house employee to provide training.

* Employee must become a Certified CPR/AED Training Instructor through AHA or ARC.

1. Utilize a local AHA or ARC certified trainer (contractor/local rep.).

* AHA - <http://www.heart.org/HEARTORG/>
* ARC - <http://www.redcross.org/>

3) Utilize a local third-party company that provides training.

* Central Pennsylvania Institute of Science and Technology. [www.cpi.edu](http://www.cpi.edu) (UP area)
* Centre Life Link: <http://www.centrelifelink.com/> (UP area)
* Cintas Corporation (State wide contact Bryan Roche at 570-241-5546 or [rocheb2@cintas.com](mailto:rocheb@cintas.com))
* Shady Oak Farm Community Education Center (State wide 717-250-8481, [ShadyOakFarmCEC@gmail.com](mailto:ShadyOakFarmCEC@gmail.com))
* Local ARC facility (contact Jessica Schaefer at 717-771-3570 or [Jessica.schaefer@redcross.org](mailto:Jessica.schaefer@redcross.org) , she is the corporate representative for Pennsylvania)
* Local AHA facility

4) Utilize your local EMS.

5) For UP locations:

* Utilize Environmental Health & Safety. EHS holds a monthly CPR/AED class at the Hazmat Building. The training is provided by a third-party company through the AHA. Some benefits of this option include:

1. All the planning is done by EHS
2. All participants would be registered in their training database system.
3. They can send out reminders prior to certification expiration.
4. The EHS reimbursement is deducted from the cost, if applicable.

* Utilize the Campus Recreation work unit. They provide training through the ARC. Contact the Natatorium at 814-865-1433 or this website <https://studentaffairs.psu.edu/campusrec/aquatics/classes-certifications>

Some benefits of utilizing this option include:

a. All participants would be registered in their training database system.

b. They can send out reminders prior to certification expiration.

c. They can send instructors to a work unit to conduct training.

* Utilize University Health Services. They provide training through the AHA. Contact Dave Jones [jdj5@psu.edu](mailto:jdj5@psu.edu) or 814-865-1772.

Reference: Policy SY22 Automated External Defibrillators (AED), <http://guru.psu.edu/policies/SY22.html>

Original July 2010; Rev-August 5, 2010; Rev-December 2011; Rev-October 2013; Rev-June 2015; Rev-April 2016; Rev-May 2018, Rev-Jan 2019, Rev-Apr 2019, Rev-Dec 2019